

**Monmouth County Alumnae Chapter of  
Delta Sigma Theta Sorority, Inc.**

**Presents**

**Mind, Body, & Spirit Workshop**



Focusing on counseling programs to assist you when coping with life's challenges

**Presenters: 180 Turning Lives Around &  
Shore Regional Counseling**

The first 25 guests will receive a free gift!  
Complimentary food and babysitting services will be provided



March 10, 2012  
9:00 AM – 12:00 PM  
Second Baptist Church  
124 Atkins Avenue  
Asbury Park, NJ 07712

